

HEALTHY REVOLUTION NEWS

News You Can Use from the Prince George's County Health Department

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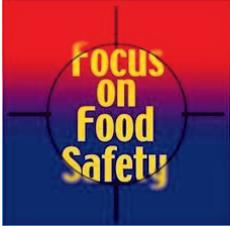
#BeaPartoftheHealthyRevolution

12.27.13



Dec. 2013

CDC Guidelines on Food Safety



During the holiday season, the Centers for Disease Control and Prevention urge [safety in food handling](#). The CDC collaborates with the Food and Drug Administration and the US Dept. of Agriculture (USDA) on federal food safety efforts. According to the CDC, each year one in six Americans get sick and 3,000 die from foodborne diseases.

Jan. 2014

Smoke-Free Environment Policy to take Effect in the New Year



The Health Department is dedicated to providing a safe, healthy, and productive workplace for all its employees. To create a “smoke-free” property and to promote healthier lifestyles, Health Department facilities will become tobacco-free environments in the New Year.

Lit tobacco products, smokeless tobacco, and/or tobacco substitutes will be prohibited inside and outside of Health Department facilities. Employees will begin to see the removal of ashtrays and new tobacco-free signage at facilities.

All employees have access to [Maryland's 1-800-QUIT NOW](#) information cards and brochures in English and Spanish and are encouraged to remind clients and visitors about the smoke-free policy in a supportive and non-confrontational manner.

Jan. 7

Free Diabetes Classes Celebrate Collaboration on Screenings and Education to Residents



Under the theme “Taking Knowledge to Action,” the Health Department and Doctors Community Hospital’s Joslin Diabetes Center will host the “On the Road Diabetes Outreach Program” free diabetes class on [Tuesday, Jan. 7, 2014, from 1-3 p.m.](#) at Community Clinic Inc., 9220 Springhill Lane, Greenbelt. Adults aged 18 and over diagnosed with diabetes, family members and care givers are eligible to attend. The program raises awareness about the importance of diabetes prevention, screenings, and management. It kicked off on Dec. 3rd. For more information, call 311 or visit mypgchealthyrevolution.org/diabetes.

Jan. 2014

Report to Increase Food Access in the County to be Released in January



The Health Department, through its [Community Transformation Grant](#), announces the release of its [2014 Report to increase food access in Prince George's County](#). The goal is to impact behavioral change for healthier communities, report findings state. Some key recommendations include encouraging opportunities for community partnerships between markets and agencies; aiding farmers markets in sustainable partnerships with nearby WIC clinics to increase redemption rates of WIC FMNPs; a farmers market at public school program; electronic benefit transfer (EBT) at farmers markets; increasing efficient public transportation to farmers markets; and a “co-op farmers market.”