

HEALTHY REVOLUTION NEWS

News You Can Use from the Prince George's County Health Department

VOL. 1, ISSUE 8



#BeaPartoftheHealthyRevolution

12.20.13



A Renewed Hope in 2014



Pamela B. Creekmur
Health Officer

Hope is always with us. What a wonderful promise!

Revolutionizing the health of our county residents and transforming neighborhoods - one step at a time - is our continued hope and intent for 2014. Be a part of the Healthy Revolution is our rallying cry!

Amid this Holiday season, and as we usher in a New Year, we anticipate with joyful expectancy, a renewed hope for:

Getting more county adults and youth to a healthy weight and eating healthy meals.

Free health information kiosks throughout the county that will allow residents to monitor their personalized medical wellness plans and will give them immediate access to chronic disease prevention and wellness tips, facts, and statistics.

More medical practices and healthcare practitioners in the 20743 area as a part of our Health Enterprise Zone initiative.

More community outreach throughout the county to explore how we can better improve the health of our residents. And many, many more services.

Here's wishing you and yours peace, good health, safety and prosperity this Holiday season and throughout 2014.

Dec. 21

Special Saturday Event — Affordable Healthcare Enrollment



Prince George's County residents can enroll for health care coverage on December 21, 10 a.m.—3 p.m. Visit www.capitalhealthconnection.org for more information, including additional enrollment locations. If you need a sign language interpreter or other accommodations, call 240-773.8250. For TTY, call Maryland Relay at 711 and an operator will assist you. Bi-lingual help is available.

Dec. 21

Mobile Food Market Just for Prince George's Residents, Glenarden



The Health Department will participate in another Capital Area Food Bank Mobile Markets food distribution at **SHABACH**, 3600 Brightseat Road in Glenarden, **10 am until 12 noon**. Participation in this Mobile Market is restricted to Prince George's County residents.

Jan. 2014

Smoke-Free Environment Policy to take Effect in the New Year



NO
SMOKING

The Health Department is dedicated to providing a safe, healthy, and productive workplace for all its employees and will become **tobacco-free environments** in the New Year. Lit tobacco products, smokeless tobacco, and/or tobacco substitutes will be prohibited inside and outside of Health Department facilities. All employees have access to **Maryland's 1-800-QUIT NOW** information cards and brochures in English and Spanish.