

HEALTHY REVOLUTION NEWS

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New Medical Practice Opening in Zip Code 20743

The Health Department is pleased to announce the opening of the Global Vision Community Health Center, headed by Medical Director Toyin Opesanmi, M.D., AAHIVS. Global Vision Community Health Center provides primary care for infants, children and adults, infectious disease treatment, addictions medicine, and endocrinology. They accept all major health insurance, including Medicare and Medicaid. The practice is located at 9171 Central Ave, Suite B11, Capitol Heights, MD., 20743. Call 301-499-2270 to make your appointment today! [Read more.](#)

Healthy Weight Week: January 19-25

Through our HEAL initiative, we sponsor and partner with numerous community-based organizations to support healthy eating and active living programs. Fort Washington Medical Center, one of 10 HEAL Grant recipients, is partnering with YMCA Potomac Overlook and Behavioral Health Navigators Center to implement a Healthy Eating Active Living Project for 75 residents in Fort Washington, Oxon Hill, and Temple Hills who are committed to making healthier food choices and exercising on a regular basis. Call Lisa Boyd, (301) 203-2452; email: lboyd@FortWashingtonMC.org. Click here to view the ["Aim for a Healthy Weight"](#) Tip of the Month.

National Birth Defects Prevention Month

January is National Birth Defects Prevention Month. According to the Centers for Disease Control and Prevention, birth defects are a leading cause of infant mortality (i.e., babies dying before their first birthday), representing approximately 20% of all infant deaths in the U.S. Infants who survive are likely to have physical and mental challenges throughout their lives. Hospital cost for children with birth defects exceed \$2.6 billion annually. Learn birth defects prevention strategies. Visit <http://www.cdc.gov/birthdefects>.

Prince George's County Health Department
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