

The **LIVING AND FEELING FABULOUS PROGRAM** OF
PROVIDENCE'S FORT LINCOLN FAMILY MEDICINE CENTER
INVITES YOU TO THE:

EAT HEALTHY BE ACTIVE

Free Workshop Series

Fun & Engaging Program for Residents of:

BLADENSBURG (20710)
COLMAR MANOR (20722)
COTTAGE CITY (20722)
CAPITOL HEIGHTS (20743)
EDMONSTON (20781)
FORT WASHINGTON (20744)
OXON HILL (20745)
SUITLAND (20746)
TEMPLE HILLS (20747 &
20748)
HYATTSVILLE (20781, 20782,
20783 & 20785)

When & Where:

LANGLEY PARK SENIOR
ACTIVITY CENTER
Fridays, September
5th, 12th, and 19th
10am - 12pm.

When & Where:

PG SPORTS &
LEARNING COMPLEX

First Session
(Began) July 28th
August 4th & 11th
10am - 12pm

Second Session
September 8th, 15th, and
22nd 10am - 12pm



To Register & for More Information:

CALL: PROVIDENCE HOSPITAL (202)-534-4260

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THE LIVING AND FEELING FABULOUS
PROGRAM IS SPONSORED BY:



Fort Lincoln Family Medicine Center
4151 Bladensburg Road
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